

We want each of our clients to be as comfortable as possible during their recovery process. The following is all that is permitted during your stay. Any additional items will be locked up and returned upon discharge:

- Comfortable clothing – we recommend you bring a limited supply of clothing, laundry facilities are available
- Robe, nightgowns, pajamas, slippers, sweatshirt, jacket
- Comfortable shoes & socks/stockings (3 pairs)
- 1 purse/wallet
- Wrist watch
- 2 belts
- Hat/visor, sunglasses
- A favorite blanket and pillow
- A warm jacket for working with the horses, some like to bring gloves
- Toiletries (Veet, deodorant stick, body lotion, face cream, powder, make up)
- Hair accessories (dryer, hair spray, curling iron, shampoo, conditioner, etc.)
 - Pump products (versus aerosols)
- Toothbrush / toothpaste
- Nail clippers, tweezers, nail file
- All prescription medicines
- Electric razor
- An iPod for relaxing music
- Fan
- Alarm clock
- Photos of those who are important to you
- A list of vitamins and supplements currently using
- A list of physicians and therapists you work with
- All current medication in pharmacy dispensed bottles – not in day containers
- To obtain extra toiletry supplies, nearby retailers, such as Wal-Mart and Target are a short trip away.

What not to bring:

- Nothing breakable
- No products with ether or isopropyl
- No products with alcohol-based ingredients – e.g. Listerine
- Leave any valuable jewelry at home
- No over-the-counter medications